

BREAKFAST

toast	5.5
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye) gluten free +1	
banana bread 2000kj	6
made to our secret recipe, toasted, served with butter	
toasted muesli	12.5
infinity toasted muesli with fresh fruit & yoghurt	
bacon and egg roll 2150kj	9.5
with a free range egg and free range bacon on a milk bun make it deluxe - add a hash brown 3	
breakfast wrap 2760kj	12.5
made with 2 free range scrambled eggs, cheese, bacon and tomato relish	
eggs on toast 1690kj	11
2 free range eggs (poached, fried or scrambled) and toast	
chilli scrambled 1790kj	14.5
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
eggs benedict 3340kj	15.5
poached eggs with hollandaise and spinach on toast - add bacon or salmon +5	
biscoff pancakes 3830kj	19
pancakes with biscoff cream, honey, roasted nuts, ice cream and berries	
vegetarian breakfast 2660kj	18
with poached eggs, avocado, mushrooms, grilled tomato, haloumi and toast	
big breakfast 3860kj	19.5
with 2 eggs, bacon, grilled tomato, mushrooms, hash brown and toast	

Please Order at the counter

SANDWICHES & WRAPS

croque monsieur 1880kj	10
smoked ham, cheese and aioli on turkish	
haloumi turkish 1940kj	14
grilled haloumi, fresh tomato, spinach and pesto on turkish	
vegetarian wrap 1810kj	14
with a corn and zucchini pattie, tomato, beetroot hummus, avocado, lettuce sour cream and sweet chilli sauce	
classic chicken 2010kj	13
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough	

Sides

1 EGG, GRILLED TOMATO, HASH BROWN, MUSHROOMS 3
HALOUMI, SPINACH, AVOCADO, HAM 4
POACHED FREE RANGE CHICKEN, FREE RANGE BACON 5
SMOKED SALMON 7
SIDE OF FRIES 4

SOMETHING ELSE

corn and zucchini fritters 1010kj	15.5
our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add an egg 3 or bacon 5	
smashed avocado with bush dust 2610kj	15.5
with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough	
smashed avocado with grilled haloumi 2080kj	16
with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough	
cherry tomato tart 2110kj	16
cherry tomato tart served with a rocket, feta and toasted seed salad	

BURGERS

cheese burger 2540kj	14
beef pattie with cheese, lettuce and special burger sauce served on a milk bun add a side of fries 4	
katsu chicken burger 2530kj	14
crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun add a side of fries 4	

BOWLS

green breakfast bowl 1420kj	18.5
with avocado, quinoa, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg	
japanese chicken bowl 1770kj	20
with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing	
mexican bowl 2620kj	20
brown rice, chipotle beef, corn, black bean, tomato, sour cream, avocado, spinach and jalapeno relish	
chicken katsu bowl 2560kj	20
brown rice, cabbage, pickled carrot, ponzu, katsu BBQ sauce, mayo, chicken schnitzel and sesame dust	
soup	14.5
served with toasted sourdough, please ask for varieties available	
fries 981kj	7
served with aioli or ketchup	

CREDIT CARD SURCHARGE APPLIES - 10 % SURCHARGE SUNDAYS, 15% SURCHARGE PUBLIC HOLIDAYS

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4
L 5

hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 4
L 5

alternate milk/ extra shot/ flavour

0.7

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

5.5

tumeric latte 727KJ

5.5

matcha latte 727KJ

green matcha blend with milk

5.5

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

4.5

ICED DRINKS

iced drinks

iced coffee, iced moccha, iced chocolate, iced long black, iced latte
add a flavour shot +70c

6.5

berry crush 1020KJ

berries blended with apple juice and ice

7.5

coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

7.5

SMOOTHIES

Dairy Free

acai smoothie 1420KJ

acai berry blended with banana and coconut water

9

cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

9

green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

9

coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

9

regular smoothies

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

8.5



MILKSHAKES

regular shakes

available in all the classic flavours, blended with milk and ice cream

S 5
L 7

cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

8.5

peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

8.5

biscoff 1490KJ

lotus biscuit, biscoff cream, ice cream and milk

8.5

FOR THE LITTLE ONES

fairy bread 964KJ

4.9

pancakes 1210KJ

fresh pancakes served with maple syrup and ice cream

10

kids toasties

your choice of cheese, ham and cheese or cheese and tomato

8.9

babycino

1.5



threebeanscafes



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