

COFFEE.TEA

coffee S 4.7
our own sustainable blend sourced
from farmers we know and trust L 5.2

hot chocolate S 4.7
our hot chocolates and mocchas are
made with our own blend of 40 %
cocoa L 5.2

alternate milk / flavour shot / decaf 0.7

malabar chai 910KJ 5.5
chai leaves brewed with milk, served
with honey and cinnamon

turmeric latte 727KJ S 4.5
turmeric blended with milk L 5

tea drop organic teas 5.5
english breakfast, earl grey, chamomile, spring
green, peppermint, lemongrass & ginger

ICED DRINKS

iced drinks S 6.5
iced coffee, iced chocolate, iced moccha L 7.5

berry crush 1020KJ S 6.5
berries blended with apple juice and ice L 8.5

coffee frappe 709KJ S 6.5
espresso, milk, ice and ice cream with your
choice of syrup (vanilla, caramel or hazelnut) L 8.5

SMOOTHIES

Dairy Free

acai smoothie 1420KJ 9
acai berry blended with banana and
coconut water

cocoa banana 2080KJ 9
banana, peanut butter, cocoa nibs, almond
milk, coconut yoghurt and honey

green machine 828KJ 9
kale, lemon, avocado, coconut water, mint
and apple juice

coconut berry 1640KJ 9
berries blended with coconut water, coconut
yoghurt and banana

regular smoothies 8.5
fruit blended with yoghurt and honey
strawberry, banana, mixed berry

MILKSHAKES

regular shakes S 5.5
available in all the classic flavours, blended with
milk and ice cream, make it a thickshake 8.5 L 7

FRESH JUICE

choose your combination or 1 from below - no ice add 1.5

tropical sunrise 8.5
watermelon, pineapple and orange

daily booster 8.5
apple, carrot, beetroot, orange, celery and ginger

green detox 8.5
apple, mint, celery, kale, cucumber and turmeric



FOR THE LITTLE ONES

kids toasties 8.5
your choice of cheese, ham and cheese or cheese
and tomato

kids pancakes 1210J 10.5
with maple syrup, berries and ice cream



threebeanscafes



threebeanscoffee

threebeans.com.au



BREAKFAST

toast 6.9

with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye)
gluten free +1

banana bread 2000kj 7.6

made to our secret recipe, toasted, served with butter

croissant 6.9

infinity croissant served with jam

bacon and egg roll 2150kj 13.5

with a free range egg and free range bacon on a milk bun

eggs & bacon on toast 1690kj 15.5

2 free range eggs (poached, fried or scrambled) with free range bacon and toast

chilli scrambled 1790kj 16

scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough

eggs benedict 3340kj 22.9

poached eggs with hollandaise on a croissant with your choice of ham or bacon

pancakes 3830kj 21

with marscapone or ice cream, maple syrup, almonds and berries

vegetarian breakfast 2660kj 22.9

with eggs, baby spinach, avocado, mushrooms, hash browns, baked beans, haloumi and toast

big breakfast 3860kj 22.9

with 2 eggs, bacon, grilled tomato, mushrooms, hash browns, baked beans, avocado, sausages and toast

SANDWICHES & WRAPS

croque monsieur 1880kj 11.5

smoked ham, cheese and aioli on turkish

ham, cheese croissant 1980kj 11.5

smoked ham, cheese and aioli on turkish

vegetarian wrap 1810kj 15

with a corn and zucchini pattie, tomato, beetroot hummus, avocado, lettuce, sour cream and sweet chilli sauce

classic chicken 2010kj 14

free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough

chipotle beef burrito 2540kj 15

chipotle beef, cheese, corn, black bean, spinach, avocado, sour cream and jalapeno relish on a wrap

pesto chicken wrap 2460kj 15

poached chicken, basil mayonnaise, avocado and spinach on a wrap

club sandwich 2460kj 22.5

poached chicken, free range bacon, tomato, avocado, swiss cheese, fried egg, mesclun and aioli

BURGERS

beef burger 2540kj 22.5

with free range bacon, cheese, tomato, beetroot, lettuce, aioli, pickled cucumber and smokey BBQ sauce

peri-peri burger 2540kj 22.5

grilled chicken with cheddar cheese, tomato, lettuce, grilled onion, bacon and peri-peri sauce

BOWLS

acai 2550kj 21

acai berry blended with banana topped with toasted granola, coconut and fresh fruit

green breakfast bowl 1420kj 21

with avocado, quinoa, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg

superfood chop salad 2160kj 21

with shredded cos, chickpeas, peas, avocado, toasted seeds, marinated feta and vinaigrette add chicken 4

japanese chicken bowl 1770kj 21

with brown rice, avocado, kale, spring onion, cabbage, edamama, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing

mexican bowl 2620kj 21

brown rice, chipotle beef, corn, black bean, tomato, sour cream, avocado, spinach and jalapeno relish

chicken katsu bowl 2560kj 21

brown rice, cabbage, pickled carrot, ponzu, katsu BBQ sauce, mayo, chicken schnitzel and sesame dust

soup 14.5

served with toasted sourdough, please ask for varieties available

Sides

1 EGG, GRILLED TOMATO, BAKED BEANS, HASH BROWN 3
MUSHROOMS, HAM 3.5
HALOUMI, AVOCADO, MARINATED FETA 4
POACHED FREE RANGE CHICKEN, FREE RANGE BACON 5

SOMETHING ELSE

corn and zucchini fritters 1010kj 19

our corn and zucchini fritters served with spicy tomato relish, avocado and mesclun

smashed avocado with grilled haloumi 2080kj 19

with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough

the OG smashed avocado 2080kj 19

smashed avocado with our marinated feta and semi dried tomatoes on toasted sourdough

mushroom sourdough 2660kj 19

with sauteed mushrooms, marinated feta, bush dust and a poached egg on sourdough

Please Order at the counter

CREDIT CARD SURCHARGE APPLIES - 10 % SURCHARGE SUNDAYS, 15% SURCHARGE PUBLIC HOLIDAYS

= gluten free

