

# COFFEE.TEA

## coffee

our own sustainable blend sourced from farmers we know and trust

S 4.5  
M 5.2  
L 5.9

## hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 4.5  
M 5.2  
L 5.9

## alternate milk, flavour, decaf, dirty chai

0.7

## malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6.5

## matcha /tumeric latte

blended with milk

S 4.5  
L 5.2

## tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5

# ICED DRINKS

## iced coffee /chocolate

7.5

## iced moccha

8

## iced long black/ latte

6

## berry crush 1020KJ

berries blended with apple juice and ice

8.5

## coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup ( vanilla, caramel or hazelnut )

8.5

# SMOOTHIES

## Dairy Free

### acai smoothie 1420KJ

acai berry blended with banana and coconut water

9

### cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

9

### green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

9

### coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

9

### regular smoothies

fruit blended with yoghurt and honey  
strawberry, banana, mixed berry

8

# MILKSHAKES

## regular shakes

available in all the classic flavours, blended with milk and ice cream - THICKSHAKE +1.5

S 5  
L 7

## cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

8.8

## peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

8.8

## FRESHLY SQUEEZED JUICE

ask for available fruits

S 7  
L 9



## FOR THE LITTLE ONES

### babycino

2

### fairy bread 964kj

5

### kids pancakes 1210KJ

10

with maple syrup and ice cream

### toasties

from 8

your choice of cheese, ham, tomato

### nuggets & chips 2080kj

9.5

chicken nuggets served with fries



threebeanscafes



threebeanscoffee

threebeans.com.au



# BREAKFAST

<b>toast</b>	<b>6</b>
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye, white) gluten free +2	
<b>ham, cheese croissant 1420kj</b>	<b>11</b>
smoked ham and cheese croissant served toasted	
<b>bacon and egg roll 2150kj</b>	<b>11</b>
with a free range egg and free range bacon on a milk bun make it deluxe - add a hash brown, cheese, relish +4	
<b>breakfast wrap 2760kj</b>	<b>14</b>
made with 2 free range scrambled eggs, cheese, bacon and tomato relish- add a hash brown 2	
<b>french toast 3460kj</b>	<b>16.5</b>
white bread french toast served with seasonal fruits and maple syrup	
<b>chilli scrambled 1790kj</b>	<b>15</b>
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
<b>eggs benedict 3340kj</b>	<b>14</b>
poached eggs with hollandaise served with bacon 19 or smoked salmon 19	
<b>eggs on toast 1690kj</b>	<b>11.5</b>
2 free range eggs (poached, fried or scrambled) and toast - add something from sides	
<b>omelette 1840kj</b>	<b>16</b>
with mushrooms, spinach, tomato and cheese with a slice of sourdough toast - add bacon 3	
<b>toasted muesli 2540kj</b>	<b>15</b>
Infinity toasted muesli, yoghurt, berry coulis and fresh seasonal fruit	
<b>vegetarian breakfast 2660kj</b>	<b>20</b>
with 2 eggs, avocado, mushrooms, grilled tomato, haloumi, spinach and toast	
<b>big breakfast 3863kj</b>	<b>22</b>
with 2 eggs, bacon, sausage, avocado, mushrooms, hash brown and toast	

*Please Order at the counter*

# SANDWICHES & WRAPS & BURGERS

<b>the schnitty 2200kj</b>	<b>14</b>	<b>mortadella 2450kj</b>	<b>16</b>	<b>beef burger 2540kj</b>	<b>15</b>
chicken schnitzel, tomato, mixed leaves and mayonnaise on turkish		mortadella, provolone, mayo, jalapeno relish, american mustard and rocket on turkish		beef pattie with cheese, pickled onions, greens, tomato, burger sauce, served on a milk bun add fries +3	
<b>pesto chicken 2460kj</b>	<b>16</b>	<b>turkey and brie 2150kj</b>	<b>16</b>	<b>chicken burger 2530kj</b>	<b>15</b>
poached chicken, basil mayonnaise, avocado, and rocket served on sourdough		with shaved turkey, brie cheese, cranberry sauce, mixed leaves and avocado on turkish		grilled chicken with mixed leaves, aioli, tomato and sweet chilli on a milk bun add fries +3	
<b>haloumi turkish 1940kj</b>	<b>15</b>	<b>salmon on rye 2140kj</b>	<b>17</b>		
grilled haloumi, fresh tomato, spinach and pesto on turkish		smoked salmon, cream cheese, spinach, pickled onion and avocado on rye			
<b>classic chicken 2010kj</b>	<b>15</b>				
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough					

*Sides*

GRILLED TOMATO, 1 EGG, AVOCADO, HASH BROWN, MUSHROOMS 3.5  
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 5  
SMOKED SALMON 7  
BOWL OF FRIES with aioli or ketchup 7.5  
BOWL OF SWEET POTATO FRIES served with sweet chilli and sour cream 9.5

# SOMETHING ELSE

<b>cheese melt 1980kj</b>	<b>11</b>
on sourdough with spicy tomato relish - add avocado and chicken 6	
<b>corn and zucchini fritters 1010kj</b>	<b>15</b>
our corn and zucchini fritters served with spicy tomato relish, avocado and mixed leaves, add a poached egg 3.5	
<b>smashed avocado with grilled haloumi 2080kj</b>	<b>18</b>
with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough	
<b>smashed avocado with bush dust 2610kj</b>	<b>16</b>
with native macadamia & finger lime bush dust, feta and herbs, served on toasted rye add an egg 3.5, add bacon 5	
<b>mushroom sourdough 2660kj</b>	<b>17</b>
with sauteed mushrooms, marinated feta, bush dust and a poached egg on sourdough	

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES - 10% SURCHARGE PUBLIC HOLIDAYS

# BOWLS

<b>acai 2550kj</b>	<b>17</b>
acai berry blended with banana topped with toasted granola, coconut and fresh fruit	
<b>green breakfast bowl 1420kj</b>	<b>19</b>
with avocado, quinoa, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg	
<b>japanese chicken bowl 1770kj</b>	<b>19</b>
with brown rice, avocado, kale, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing	
<b>superfood chop salad 2160kj</b>	<b>19</b>
with shredded cos, chickpeas, peas, avocado, toasted seeds, marinated feta and vinaigrette add chicken 4	

= gluten free

