

# COFFEE.TEA

## coffee

our own sustainable blend sourced from farmers we know and trust

S 4.5  
M 5.3  
L 6.1

## hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 4.5  
M 5.3  
L 6.1

alternate milk/ extra shot/ flavour/ decaf

0.8

## malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6.5

## taro latte 727KJ

4.5

## matcha latte 727KJ

green matcha blended with milk

4.5

## tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5.5

# ICED DRINKS

## iced coffee/moccha/chocolate 7

## iced latte, iced chai latte 6

## iced long black 6

## berry crush 1020KJ 9

berries blended with apple juice and ice

## coffee frappe 709KJ 9

espresso, milk, ice and ice cream with your choice of syrup ( vanilla, caramel or hazelnut )

# SMOOTHIES

## Dairy Free

### acai smoothie 1420KJ 9

acai berry blended with banana and coconut water

### cocoa banana 2080KJ 9

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

### green machine 828KJ 9

kale, lemon, avocado, coconut water, mint and apple juice

### coconut berry 1640KJ 9

berries blended with coconut water, coconut yoghurt and banana

### regular smoothies 8

fruit blended with yoghurt and honey

strawberry, banana, mixed berry, mango

### strawberry matcha 1640KJ 8

our classic strawberry smoothie poured over green matcha

# MILKSHAKES

## regular shakes

available in all the classic flavours, blended with milk and ice cream

S 6  
L 8

## cookies and cream 1220KJ 9

cookies, ice cream, chocolate syrup and milk

## peanut butter 1480KJ 9

peanut butter, ice cream and chocolate syrup

## biscoff 1490KJ 9

lotus biscuit, biscoff cream, ice cream and milk



## affogato 1020KJ

a shot of espresso poured over vanilla ice cream

7.2

# FOR THE LITTLE ONES

## babycino 2

## kids egg on toast 7.5

with one free range egg cooked your way on toast

## kids pancakes 1210J 7.5

with maple syrup and ice cream



threebeanscafes



threebeanscoffee

threebeans.com.au



# BREAKFAST

- toast 6**  
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye)  
gluten free +1
- bacon and egg roll 2150kj 10.9**  
with a free range egg and free range bacon on a milk bun or turkish bread
- breakfast wrap 2760kj 12.9**  
made with 2 free range scrambled eggs, cheese, bacon, spinach and tomato relish
- breakfast burrito 3160kj 18.9**  
free range eggs, grilled chorizo, hash brown, avocado, spinach, cheese and chipotle mayo
- eggs on toast 1690kj 11.9**  
2 free range eggs (poached, fried or scrambled) on toast -add bacon 5.5, salmon 6, spinach 3
- chilli scrambled 1790kj 16.5**  
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough
- eggs benedict 3340kj 12.9**  
poached eggs with hollandaise served on sourdough add bacon 5.5, salmon 6, spinach 3
- pancakes 3630kj 19.9**  
with ice cream, maple syrup, honey nuts and berries
- vegetarian stack 2660kj 18.9**  
with poached eggs, avocado, mushrooms, haloumi and toast
- big breakfast 3863kj 21.9**  
with 2 eggs, bacon, grilled tomato, mushrooms, hash brown, avocado and toast
- omelette 1840kj 19.9**  
with mushrooms, spinach, ham, and cheese served with a slice of sourdough toast
- breakfast bruschetta 2640kj 18.9**  
with smashed avocado, feta, cherry tomatoes, balsamic glaze and one poached egg on sourdough

# SANDWICHES & WRAPS

add a side of fries to your sandwich, wrap or burger 4.5

- toasties 7.9**  
with your choice of ham and cheese or cheese and tomato
- croque monsieur 1880kj 11.9**  
smoked ham, cheese and aioli on turkish
- classic chicken 2010kj 15.9**  
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough  
make it a club - add bacon and avocado 4
- chicken waldorf 2020kj 15.9**  
free range poached chicken, walnuts, celery, mayo and avocado on sourdough or a wrap
- vegetarian wrap 1810kj 15.9**  
with a corn and zucchini pattie, tomato, avocado, lettuce sour cream and sweet chilli sauce
- turkey and brie 2150kj 15.9**  
with shaved turkey, brie cheese, cranberry sauce, rocket and avocado on turkish
- ham, cheese croissant 1420kj 10.9**  
with smoked ham and cheese served toasted

# BURGERS

- cheese burger 2540kj 14.9**  
beef pattie with cheese, lettuce and special burger sauce served on a milk bun
- katsu chicken burger 2530kj 14.9**  
crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun

# BOWLS

- superfood chop salad 2550kj 18.9**  
with cos, chickpeas, peas, avocado, toasted seeds, marinated feta and viniagrette - add chicken 5.5
- green breakfast bowl 1420kj 18.9**  
with avocado, quinoa, rice, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg
- japanese bowl 1770kj 20.9**  
with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, umami dust and ponzu dressing. choice of chicken or smoked salmon
- mexican bowl 2620kj 18.9**  
brown rice, chipotle beef, corn, black bean, tomato, sour cream, avocado, spinach and jalapeno relish
- chicken katsu bowl 2560kj 19.9**  
brown rice, cabbage, pickled carrot, ponzu, katsu BBQ sauce, mayo, chicken schnitzel and sesame dust
- chicken caesar 2080kj 18.9**  
our caesar salad with cos lettuce, kale, avocado, bacon, croutons, caesar dressing and chicken schnitzel

Sides

- GRILLED TOMATO, 1 EGG, SPINACH, HASH BROWN, MUSHROOMS 3.
- HALOUMI, AVOCADO, MARINATED FETA 3.5
- HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 5.5
- SMOKED SALMON 6
- BOWL OF FRIES with aioli or ketchup 8
- BOWL OF SWEET POTATO FRIES served with sweet chilli and sour cream 10

# SOMETHING ELSE

- cheese melt 1980kj 14.9**  
on sourdough with spicy tomato relish
- corn and zucchini fritters 1010kj 16.5**  
our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 3
- smashed avocado with bush dust 2610kj 16.5**  
with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough
- smashed avocado with honey, chilli haloumi 2080kj 16.5**  
with grilled haloumi, smashed avo, hot honey and crispy chilli oil on toasted sourdough

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES

*Please Order at the counter*

= gluten free

